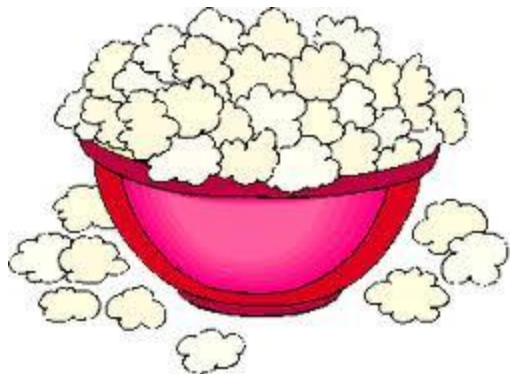


Menu for the Week

Week 1

Monday

08:00 OATS PORRIDGE
10:00 FRUITS IN SEASON AND JUICE
12:00 CHICKEN A'LA KING AND PUMPKIN
15:00 SANDWICH AND JUICE



Thursday

08:00 OATS PORRIDGE
10:00 SANDWICHES AND JUICE
CABBAGE
12:00 HOTDOGS
15:00 POPCORN AND JUICE

Tuesday

08:00 MAIZE MEAL PORRIDGE
10:00 SANDWICH AND JUICE
12:00 MACARONI AND CHEESE
15:00 FRUITS IN SEASON AND JUICE



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Friday

08:00 MAIZE MEAL PORRIDGE
10:00 FRUITS IN SEASON AND JUICE
12:00 SPAGHETTI BOLOGNAISE WITH
15:00 TUCK SHOP



Menu for the Week

Week 2

Monday

08:00 OATS PORRIDGE
10:00 FRUITS IN SEASON AND JUICE
BEANS
12:00 BEEF STEW WITH SPINACH
15:00 SANDWICH AND JUICE



Thursday

08:00 OATS PORRIDGE
10:00 FRUITS IN SEASON AND JUICE
15:00 FRUITS IN SEASON AND JUICE
12:00 CHICKEN A'LA KING WITH GREEN BEANS

Tuesday

08:00 MAIZE MEAL PORRIDGE
10:00 SANDWICH AND JUICE
12:00 FRENCH TOAST AND BAKED
15:00 FRUITS IN SEASON AND JUICE



Friday

08:00 MAIZE MEAL PORRIDGE
10:00 SANDWICH AND JUICE
12:00 HOTDOGS
15:00 TUCK SHOP

